



# Christians Encounter Christ Omaha Metro Area Newsletter

August/September 2009

Volume 19 Issue 3

## From the President

*Helen Andrews*

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### Top Ten Reasons to Attend an Ultreya

Have you attended an Ultreya lately? Have you ever attended an Ultreya? When you made your original weekend you heard the coordinator talk about his or her experience as a member of the CEC community. Ultreya was a central part of that experience. There are many reasons to attend an Ultreya. I'd like to share my top ten list for attending an Ultreya starting with the least important reason.

10. Attend Ultreya and you could be invited to work the weekend
9. Ultreya is a good place to spend an evening or an early morning
8. Attend an Ultreya and you will be with like minded Christian men and women
7. Attend an Ultreya and learn new songs led by the G&G group
6. Attend an Ultreya and you can stay in touch with people from your weekend
5. Attend Ultreya and you could find different ways to do Piety Study or Action through grouping
4. Attend Ultreya and you will hear an inspiring witness
3. Attend Ultreya and you might be able to form a small group
2. Attend Ultreya and you will be helping to build the CEC community
1. Attend Ultreya and you will keep your inner fire for God and this community going

Recently I was asked why people don't attend their first Ultreya, or, return for a second Ultreya. Those are very good questions, and, ones I cannot answer.

Why don't you attend Ultreya, and, what can we do to make Ultreya inviting? Let me know. Send me a message at: [rainbow4helen@cox.net](mailto:rainbow4helen@cox.net).

Ultreya is very important to me personally and to the growth of the CEC community. A community can only grow when it's members come together to form community. Each of us is responsible for the growth and vibrancy of the community. Our mission as members of CEC is to answer God's call and to bring others to God. It is the purpose of Ultreya to help to keep the fire going that we experienced on our weekend so we can answer God's call and bring our friends to Christ.

I can say the Ultreyas I attended recently have truly kept the flame burning in me. I recently heard about prison ministry and the work one gentleman has done to bring weekends to women and men in prison. Talk about Apostolic Action! I heard a witness on loneliness and how the CEC community helped this person fill that void because of the love of God she found in the people in CEC. I heard another witness about how a CEC member responded to anger by turning the other cheek and offering prayer and support. This made me think of "make a friend, be a friend, bring your friend to Christ". We are all called to be Christ to one another, and, we are Christ to others when we show His love in spite of the difficult times. I come away from Ultreya many times thinking about the opportunities I might have to influence others in their walk with God. I certainly come away with food for thought and prayer. I invite you to consider joining us at Ultreya. We will be thrilled to see you, get to know you and to pray with you.

The times and locations for the Omaha and Fremont Ultreyas can be found in this newsletter and on our website; [www.cecomaha.org](http://www.cecomaha.org).

Your sister in Christ



***"Not what I will,  
but what You will."***

Mark 14:35-36

This is how we should  
always pray when we  
ask God for something.

## Fall Weekend Team Members

### *Men's Team October 2-4, 2009*

"We are ambassadors for Christ as though God were pleading through us."

**2 Corinthians 5:20**

#### Upcoming CEC Events

#### CEC Weekends

2009

#### **Fall Weekends**

Men October 2-4

Women October 16-18

2010

#### **Spring Weekends**

Men April 23-25

Women April 30 – May 2

#### **Location:**

The Archdiocesan Retreat and Conference Center (ARCC)  
3330 North 60<sup>th</sup> Street (Bldg D)

#### **Fourth Day Mass:**

6:30 pm Sunday in the Archdiocese  
Retreat & Conference Center, 3330  
North 60<sup>th</sup> Street, Building D.

#### **Palanca:**

Palanca is our individual support to each other. The Lever that holds us up through our weekend and through our lives.

**Please drop off palanca Friday evening until noon Sunday at the main door of the ARCC in the white Palanca box.**

#### OALC Meetings:

September 20, 2009

October 11, 2009

#### Other Events:

Fall CEC activity in planning process.

#### Back Table

Fr. Patrick McLaughlin - Spiritual Director  
Joe Campagna - Coord.  
Tom Burton - Asst. Coord.  
Nick Rasmussen - Asst. Coord.

#### Talk Team

Ideal - John Martin  
Laity - Dave Eastlack  
Piety - Dick Hyde  
Study - Andy Berthold  
Action - Tim Rooney  
Leaders - Rob Kellar  
Environment - Nick Rasmussen  
Christian Community - Tom Burton  
Group Reunion/Ultreya - Joe Campagna

#### Table Assts.

Matt Conrin  
Jim Wingender  
Mike Laughlin  
Bob Thomsen  
Mark Zimmer  
DJerry Szatko

#### Priest Talks

Grace - Fr. James Buckley  
Faith - Fr. Frank Baumert  
Sacraments - Most Reverend Elden F. Curtiss  
Obstacles - Rev. Mr. Steve Floersch  
Christian Life - Fr. Patrick McLaughlin

#### Prayer Team

Randy Veik - Coord.  
Francis Ramirez - Music  
Larry Maiefski  
Nick Beck  
Paul Moore  
Dave Shirley  
Marcus Knecht  
Ken Landolt

#### Kitchen Team

Tony Ulrich - Coord.  
Al Peters  
Chuck Sheik  
Jamie Sell  
Bob Ra,aelers  
Tony Briganti

### *Women's Team October 16-18, 2009*

#### Back Table

Fr. James E. Keiter - Spiritual Director  
Kathleen Luther - Coord.  
Sybil Haller - Asst. Coord.  
Brenda Benskin - Asst. Coord.

#### Talk Team

Breanda Benskin - Ideal  
Mary Ann Kosmicki - Laity  
Gina Sullivan - Piety  
Karen Hardy - Study  
Kathy Gaddie - Action  
Mary Ann Gaddie - Leaders  
Tricia Pilakowski - Environment  
Sybil Haller - Christian Community  
Kathleen Luther - Group Reunion/Ultreya

#### Table Assts.

Kathy Campagna  
Denise Bierma  
RuthAnn Graef  
Diane Burton  
Rose Davis  
LaDonna France  
Linda Martinez

#### Priest Talks

Rev. Mr. David Probst - Grace  
TBA - Faith  
Rev. Bernard G. Starman - Sacraments  
TBA - Obstacles  
Rev. James E. Keiter - Christian Life

#### Prayer Team

Barb Eastlack - Coord.  
Mary Flies Music  
Jan Pritchard  
Sue McCarville  
Donna Schultz  
Jennifer Jerram - Palanca  
Pam True - Palanca

#### Kitchen Team

Gina Hartnett - Coord.  
Mary Barrett  
Peggy Fishman  
Amanda Hoeke  
Holly Nice  
Carol Windler

## Post CEC Committee

*Carol Windler  
Brenda Benskin*

This past spring and summer we have had some wonderful weather. We have had the opportunity to enjoy fellowship in many ways. We had the CEC game night in May, where we had a fun night of food fellowship and games. Also in May we had our annual pancake breakfast at Cooper Farm. Fr. Damien said Mass for us, and afterwards we enjoyed good food and time to visit with old and new friends. In June we had our picnic at Pipal Park. The weather was wonderful and it was nice to see all who dropped by.

For those of you we missed, these are annual events, so look for them again next year.

We are planning at least one event this fall, so look for more information, in the next news letter.

DeColores!

## De Colores from the CEC G & G Praise Music Guys & Gals

G&G-Road-Show-Brief-List-Outings.

Well the G&G experience has been a hoot so far. We schedule out about once a month to senior care and/or assisted living homes, etc. We have Played, Sang and Prayed about what we should do for them, because ..... it's all about them - not about us. Our song list holds some Oldies, some Contemporary, some Rock Opera, and of course a lot of Praise & Jesus music. In between those Gigs you will generally see and hear us at your friendly Ultreya meetings or a Mass on the green at Cooper Village, etc.

Our Saturday practice times at the Barber Shop are the best place yet for some Gr-8 sharing of Talent, Missed Chords-Words, and of course the Resounding Laughter that goes out the doorway. I have stood at that doorway and have been amazed at the Sound that comes out. I want to remove and take it with us so others can also hear the Joy and Harmony too. We have played or scheduled soon at many places about town, Like: Southview Heights; Golden Living Center; NE Skilled Nursing & Rehabilitation; Omaha Nursing & Rehab Center; Heartland Family Service; Huntington Park Care Center; Trinity Lutheran Church Picnic; Maple Ridge Adult Living Village; and "Spiritstock" at The Church of the Holy Spirit in Plattsmouth. **We do re-check frequently these things of importance:** ARE we having FUN and building OUR community? ARE we Learning and perfecting new material? ARE we doing Apostolic-Action for Jesus? YES, we agreed! So we take credit in our Group-Reunion time as a Praise and Thanksgiving witness!!! Come help us, we need you. **The G&G usually means Grady & Gaddie, but I have heard these also:** Geezers & Guitars; Gary-hair & Guitars; Golden-oldies & Guitars... But when the Girls come along to sing and twang along with us, we **NEVER** use that (Geez...word), then we are the Gals & Guys with GUITARS. rbg Sr.

RB & MA Gaddie "Q"  
402 - 731-9963

### **CEC Registrar**

Art Beccard  
1407 Lake Vista Circle  
Papillion, NE 68046  
402-592-5862  
[acbeccard@cox.net](mailto:acbeccard@cox.net)

### **Ultreya Attendance Coordinator**

Rick France  
4633 N 81 Street  
Omaha, NE 68134  
572-8957  
[RLFrance\\_68134@yahoo.com](mailto:RLFrance_68134@yahoo.com)

### **Prayer Line Information:**

Contact Teri Rieck at 402-330-3595  
for prayer requests or to be  
added to the prayer chain.  
[dtrieck@cox.net](mailto:dtrieck@cox.net)




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*"Come to Me, all who are  
weary and heavy-laden,  
and I will give you rest."*

Matthew 11:28

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**Editor:** Sandy Luczynski  
402-614-4488

Four newsletters are published per year. (Approx. Jan, Apr, Oct & Dec)  
If you do not have access to the internet or have email access only, please contact me for an electronic or paper version of this Newsletter.

[itssandraleee@cox.net](mailto:itssandraleee@cox.net)

*But God, who is rich in mercy, because of the great love he had for us, even when we were dead in our transgressions, brought us to life with Christ (by grace you have been saved), raised us up with him, and seated us with him in the heavens in Christ Jesus, that in the ages to come he might show the immeasurable riches of his grace in his kindness to us in Christ Jesus. For by grace you have been saved through faith, and this is not from you; it is the gift of God; it is not from works, so no one may boast. For we are his handiwork, created in Christ Jesus for the good works that God has prepared in advance, that we should live in them.*

*Ephesians 2:4-10*

## Omaha Area Leadership Council

The Omaha Area Leadership Council meets monthly. Meetings are at Mary Our Queen from 7:00pm - 9:00pm. *All are welcome to attend.*

### 2009 Meeting Dates:

January 11	June & July no meeting
February 22 & Workshop at SEA	August 9
March 8	September 20
April 19	October 11
May 17	November 8
	December 13



## ULTREYAS

Date	Time	Church Location	Representative
1 <sup>ST</sup> Friday	7:30 p.m.	St. Margaret Mary - Suneg Center - 61 <sup>st</sup> & Dodge	Dave & Mary Egan 491-3031
1 <sup>st</sup> Saturday	9:00 a.m.	St. Patrick's - Fremont (following 8:00 a.m. Mass)	Kathy Luther 721-9587
2 <sup>nd</sup> Friday	7:30 p.m.	St. Philip Neri - Basement - 8200 N 30 <sup>th</sup> , (side door)	Rick Bellino 558-1037
3 <sup>rd</sup> Friday	8:00 p.m.	Mary Our Queen - Parish Center - 3405 S 118 <sup>th</sup> St	Peg Whitaker 691-0488
3 <sup>rd</sup> Saturday	7:00 p.m.	St. Elizabeth Ann - Parish Center - 114 <sup>th</sup> and Fort - Pot Luck	Brenda Benskin 706-7043
4 <sup>th</sup> Thursday	7:30 p.m.	Sts. Peter & Paul - Gym Lobby Doors 3623 X St	Nick Rasmussen 551-9008

*CEC develops in adult Christians an awareness of their power and mission to become leaders in the work of evangelization, and provides support to sustain them as they persevere in their work as Christian leaven in family, civic, social and economic life. This support is provided through their ongoing participation in the 4<sup>th</sup> day reunions. In a Group Reunion, 4-5 people meet weekly to reflect, pray and encourage each other in their discipleship. Ultreya is a reunion of the larger 4<sup>th</sup> Day Community. At an Ultreya, the community spirit of the weekend is continued through group reunion, witness, reflection on the witness, shared prayer and fellowship.*

## CEC Committee Chair

*Mary Ann Gaddie*

GREETINGS from your CEC Committee Chairperson!

What an eventful and quickly passing summer this has been! I hope that all of you have enjoyed the abundance of God's blessings these past months. I, for one have certainly felt His power and love in my life this summer in a truly special way. I thank and praise God for the power of His healing in my life and, for those of you who knew I was having surgery, I thank you most abundantly for your prayers and cards of caring.

We're 'gearing up' for our Fall weekends now and your prayers are being solicited once again for the teams working the weekends and for the candidates who will be called to attend the weekends. It's not too soon to start talking to the people you think would both benefit from the 3 days spent nurturing their Faith, and be willing to share their graces in our community by both grouping and attending our Ultreyas. PRAY, PRAY, PRAY! Remember to talk to God about man or woman before talking to the man or woman about God. It always works better that way! The teams are formed and beginning their meetings shortly. Pray for each of them that they too will be able to walk closer to Him as they share themselves with the candidates. Pray also for the clergy who will be giving talks and helping out on the weekend. They depend on our prayers in their busy lives also. DeColores! Mary Ann Gaddie

### ON ANOTHER NOTE:

It's that time of year when we begin the process of nominating 4<sup>th</sup> Dayers for the following offices for the Omaha Area Leadership Council for December 2009 through November 2010: Vice-President, Secretary and Treasurer. Requirements are as follows:

VICE PRESIDENT - Must have coordinated a CEC weekend and be actively grouping and attending Ultreyas. The Vice-President automatically moves up to the Presidency for the next year. SECRETARY AND/OR TREASURER - Must have been in the CEC movement for a year and be actively grouping and attending Ultreyas.

You may nominate yourself or someone else. If you nominate someone else, you must have contacted the person and received their approval to be nominated. A short BIO will be required stating the following: NAME, WHEN YOU MADE YOUR WEEKEND, YOUR PARISH, INVOLVEMENT IN THE CEC MOVEMENT (Ultreyas, Activity in the movement, any position held, etc.)

You may nominate by notifying the following members of the nominating committee, either verbally, by phone or by e-mail: You will be notified as to when your Bio is due.

HELEN ANDREWS 502-6929 rainbow4helen@cox.net  
CHRIS PETERS 334-8353 alpeters@cox.net  
BRENDA BENSKIN 706-7043 brendablee2000@yahoo.com  
CAROL WINDLER 334-5896 cwind01@aol.com  
MARY ANN GADDIE 731-9963 mgad21@live.com  
DAVE EASTLACK 932-5112 theunihusker@cox.net

DeColores!

### **OALC Officers:**

#### Spiritual Director

Rev Damian Zuerlien 339-3285  
Damzuer@aol.com

#### President

Helen Andrews 502-6929  
Rainbow4helen@cox.net

#### Vice-President

Chris Peters 334-8353  
alpeters@cox.net

#### Past-President

Mike Langenegger 457-4501  
Paulm68104@peoplepc.com

#### Secretary

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#### Treasurer

Mary Ann Kosmicki 445-8845  
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#### CEC Committee Chair

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#### Post CEC Committee

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#### Pre CEC Chair

Dave Eastlack 932-5112  
theunihusker@cox.net

#### Newsletter Editor

Sandy Luczynski 614-4488  
itssandralee@cox.net

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*God loves each of us, as  
if there were only one of  
us.*

*- St. Augustine*

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## From the Vice-President

*Chris Peters*

The CEC Movement is currently looking for someone who has the gifts, talents and TIME to help maintain our current website. As with many parts of life, some times would be busier than others (as weekends approach and right after weekends).

The current person maintaining this vital part of our community has been doing it for years and really needs to let someone else take over.

If you would be will to give back to the community in this capacity please contact Helen Andrews at 502-6929, rainbow4helen@cos.net or Chris Peters 334-8353, alpeters@cox.net.

We just know there is someone out there who will feel the "shove of the dove" and respond to this request! God bless you for your "Yes!"

DeColores!

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*My Daily Prayer*

*Empower me, O God, I pray,  
to love the way You do,  
With gentleness and mercy,  
Good will and kindness, too.  
Giving of myself to others, as  
Your scriptures teach,  
Offering a helping hand  
to all within my reach.  
Please grant me motivation  
to serve You selflessly,  
Loving You with all my Heart,  
because You first loved me.*

*Amen*

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### *4<sup>th</sup> Day Community*

*Not working the weekend, and want to help?*

*Are you asking yourself "What can I do?"*

*Here are some great ways you can be a part of the weekends:*

**PRAY**

*for team and candidates.*

**WRITE**

*palanca for team and candidates.*

**DONATE**

*food - monetary contributions are always welcomed.  
(contact kitchen& prayer team coordinators)*

**SUPPORT**

*the team and the NEW 4<sup>th</sup> DAY by attending the closings.*



The logo for 'De Colores!' features the words in a colorful, multi-colored font. Each letter is a different color, and the letters are slightly shadowed to give a 3D effect.